

## Kid's corner

### Seed bombs

#### Have you ever made a seed bomb?

Now that we are in autumn, it's the perfect time to get your seeds ready for spring. If you have been lucky enough to be able to collect seeds from your garden, seed bombs are the fun way to distribute them. Just throw your bombs into your garden! It's an ideal way to get your seeds into those tricky hard to get at corners too.

Your prepared mixture of paper pulp keeps your seeds moist while germinating. If you use colored paper for your seed bombs, you are able to tell where in the garden you have placed them. Clever?

This is a wonderful sensory activity for small children and it's so much fun!

#### What do you need?

- Seeds
- Paper, newspaper or recycle construction colored paper
- Scissors
- Water
- Food processor/Bullet
- Bowl

#### How to make the seed bombs

1. Tear up or cut your recycled paper into small strips.
2. Place your paper into a bowl and cover with water. (Your water can be cold or hot. Hot water speeds up the soaking process.)
3. Leave to soak for 20 minutes to one hour.
4. Remove your paper from the bowl and drain off the excess water.
5. Ask a grown up to help you place your paper into a food processor/blender or bullet and blend the paper until it becomes a pulp. (You might find you need to add a small amount of water.)
6. Place the paper pulp back into your bowl.
7. Take a small amount of pulp into the palm of your hand and squeeze into a ball.
8. Make a nest shape and place some seeds on top, smear with a small amount of pulp.
9. Place your seed bombs aside to dry.

When your seed bombs are dry you can save them in a safe place until spring when it's the right time for planting seeds. They can be tossed into your garden, placed in a flowerpot or they make great gifts to give to a friend or your family.



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